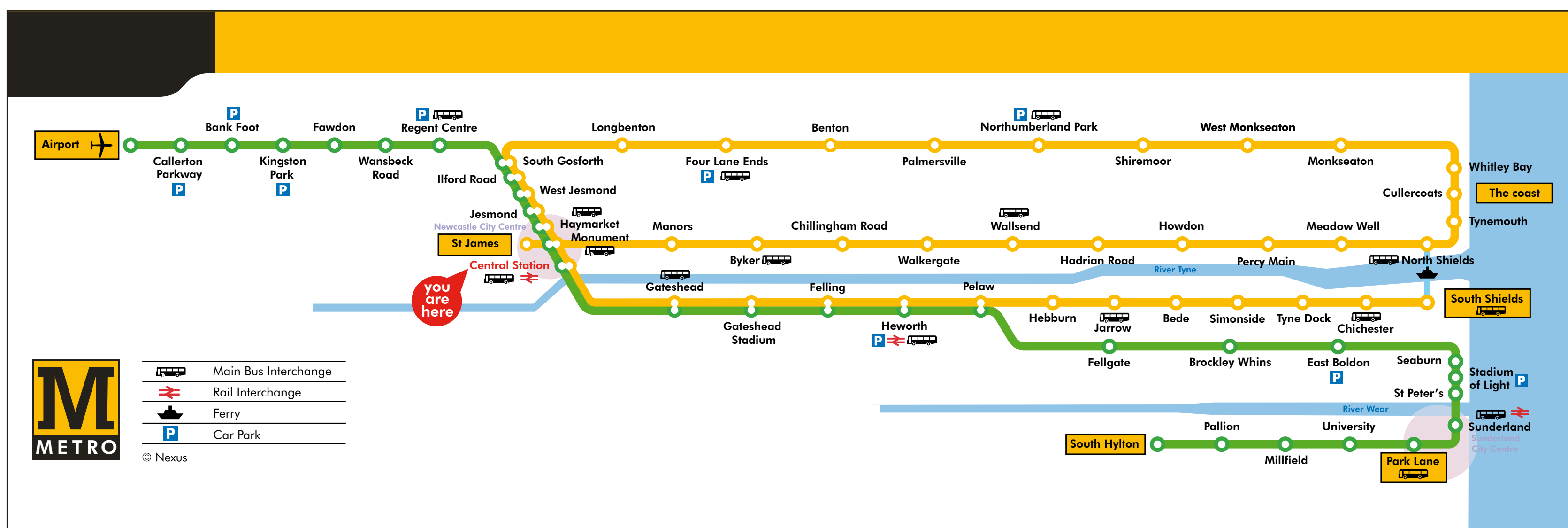


Central Station Metro timetable



Valid from 17 March 08

Platform 1 - To South Hylton or Park Lane/South Shields



Monday - Friday																			
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000
0514	0604	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1801	1905	2005	2105	2205	2305	No Service
0517+	0608	0703	0806	0903	1006	1106	1206	1306	1406	1506	1603	1704	1805	1913	2012	2112	2212	2312	No Service
0521	0614	0706	0809	0906	1012	1112	1212	1312	1412	1512	1606	1708	1807	1920	2020	2120	2220	2320+	No Service
0524	0617	0709	0812	0909	1018	1118	1218	1318	1418	1518	1609	1712	1814	1927	2027	2127	2227	2327	No Service
0532	0620	0712	0815	0912	1024	1124	1224	1324	1424	1524	1612	1715	1820	1930+	2035	2135	2235	2335	No Service
0541	0624	0715	0818	0915	1030	1130	1230	1330	1430	1530	1615	1718	1825	1935	2042	2142	2242	2342	No Service
0550	0627	0718	0821	0918	1036	1136	1236	1336	1436	1533	1618	1721	1835	1943	2050	2150	2250		No Service
0558	0630	0721	0824	0921	1042	1142	1242	1342	1442	1536	1621	1724	1840	1950	2057	2157	2257		No Service
	0633	0724	0830	0924	1048	1148	1248	1348	1448	1542	1624	1727	1845	1957					No Service
	0636	0730	0833	0928	1054	1154	1254	1354	1454	1548	1630	1730	1850						No Service
	0642	0733	0836	0931						1554	1633	1736	1858						No Service
	0645	0736	0839	0936							1636	1739							No Service
	0649	0739	0842	0942							1639	1742							No Service
	0656	0742	0845	0948							1642	1748							No Service
		0745	0848	0954							1648	1751							No Service
		0748	0851								1651	1754							No Service
		0751	0854								1654	1758							No Service
		0754	0857								1657								No Service
		0757																	No Service
Saturday																			
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000
0517+	0605	0705	0806	0905	1000	1100	1200	1300	1400	1500	1600	1700	1801	1905	2005	2105	2205	2305	No Service
0521	0610	0713	0810	0908	1006	1106	1206	1306	1406	1506	1606	1706	1807	1913	2012	2112	2212	2312	No Service
0524	0612	0720	0819	0915	1012	1112	1212	1312	1412	1512	1612	1712	1814	1920	2020	2120	2220	2320+	No Service
0534	0620	0726	0825	0919	1018	1118	1218	1318	1418	1518	1618	1718	1820	1927	2027	2127	2227	2327	No Service
0542	0626	0735	0834	0924	1024	1124	1224	1324	1424	1524	1624	1724	1825	1935	2035	2135	2235	2335	No Service
0549	0635	0742	0838	0930	1030	1130	1230	1330	1430	1530	1630	1730	1835	1943	2042	2142	2242	2342	No Service
0557	0644	0750	0843	0936	1036	1136	1236	1336	1436	1536	1636	1736	1845	1950	2050	2150	2250		No Service
	0650	0755	0849	0942	1042	1142	1242	1342	1442	1542	1642	1742	1850	1957	2057	2157	2257		No Service
	0657		0855	0948	1048	1148	1248	1348	1448	1548	1648	1748	1858						No Service
			0954	1054	1154	1254	1354	1454	1554	1654	1754								No Service
Sunday																			
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000
No Service	0616	0705	0804	0905	1005	1105	1200+											2305	No Service
	0621	0720	0820	0920	1012	1112	1205											2312	No Service
	0628	0735	0834	0927	1020	1120	1212											2320+	No Service
	0634	0750	0850	0935	1027	1127	1220											2327	No Service
	0644		0857	0943	1035	1135	1227											2335	No Service
	0650			0950	1042	1142	1235											2342	No Service
				0957	1050	1150	1242												No Service
					1057	1157	1250												No Service
							1257												No Service

Journey times from this station	Public Holidays	Key
to Gateshead about 2 minutes	This timetable will change on Public Holidays, for information call at any Nexus TravelShop, phone Traveline or visit our website.	+ Terminates at Sunderland
to Heworth about 7 minutes		■ Terminates at Pelaw
to South Shields about 26 minutes		▲ Terminates at Park Lane
to Sunderland about 28 minutes		
to South Hylton about 38 minutes		
		Please check front of trains for destinations

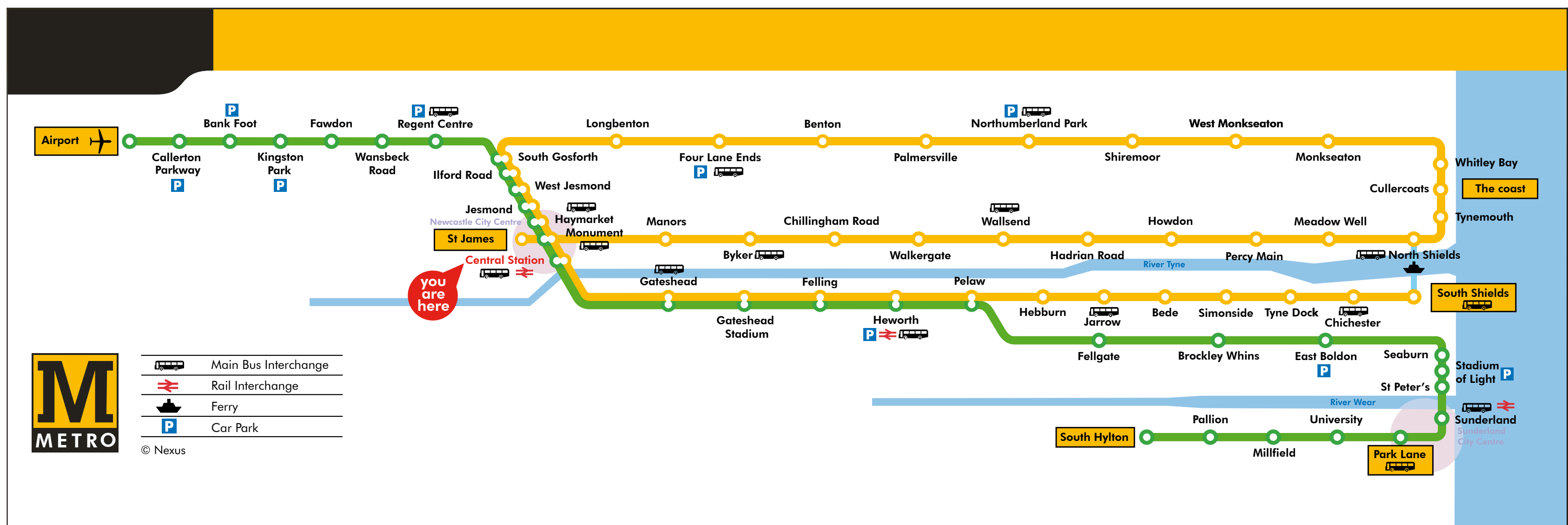


Central Station Metro timetable



Valid from 17 March 08

Platform 2 - To Airport/St James via the coast



Monday - Friday																				
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	
0548	0612	0700	0801	0901	then at 04, 10, 16, 22, 28, 34, 40, 46, 52 & 58 minutes past the hour until							1601	1701	1803	1901	2007	2107	2207	2307*	0000
0557	0621	0704	0804	0904								1604	1704	1806	1904	2014	2114	2214	2314	0003
	0631	0707	0807	0907								1610	1707	1808	1908	2022	2122	2222	2322*	0007
	0643	0714	0810	0910								1616	1710	1814	1914	2029	2129	2229	2329	0010
	0648	0719	0813	0913								1622	1716	1817	1923	2037	2137	2237	2337*	0017
	0654	0722	0816	0916								1628	1719	1821	1929	2044	2144	2244	2344	0021
	0657	0728	0819	0919								1631	1722	1823	1938	2052	2152	2252*	2352*	0023
		0731	0822	0922								1634	1727	1826	1944	2059	2159	2259	2355	
		0734	0825	0925								1637	1730	1832	1952					
		0737	0828	0928								1640	1734	1834	1959					
		0740	0834	0931								1643	1737	1838						
		0743	0837	0934								1646	1740	1844						
		0746	0840	0937								1649	1743	1846						
		0752	0843	0940								1652	1746	1855						
		0755	0848	0943								1658	1749							
		0758	0851	0946									1752							
			0854	0949									1755							
			0858	0952									1758							
				0955																
				0958																
Saturday																				
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	
0557	0616	0700	0800	0902	1002	then at 04, 10, 16, 22, 28, 34, 40, 46, 52 & 58 minutes past the hour until							1803	1901	2007	2107	2207	2307*	0000	
	0619	0707	0808	0908	1010								1808	1909	2014	2114	2214	2314	0003	
	0636	0715	0817	0917	1016								1814	1914	2022	2122	2222	2322*	0007	
	0642	0721	0822	0922	1022								1820	1923	2029	2129	2229	2329	0010	
	0651	0730	0832	0932	1028								1826	1929	2037	2137	2237	2337*	0017	
		0737	0838	0935	1034								1832	1938	2044	2144	2244	2344	0021	
		0745	0847	0940	1040								1837	1944	2052	2152	2252*	2352*	0023	
		0751	0852	0946	1046								1844	1952	2059	2159	2259	2355		
				0949	1052								1846	1959						
				0958	1058								1855							
Sunday																				
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	
No Service	0641	0711	0811	0911	1011	then at 07, 14, 22, 29, 37, 44, 52 & 59 minutes past the hour until							2207	2307*	0000					
	0656	0728	0828	0928	1022								2214	2314	0003					
		0741	0841	0941	1029								2222	2322*	0007					
		0758	0858	0957	1037								2229	2329	0010					
					1044								2237	2337*	0017					
					1052								2244	2344	0021					
					1059								2252*	2352*	0023					
													2259	2355						

Journey times from this station	Public Holidays	Key
to Monument about 1 minute	This timetable will change on Public Holidays, for information call at any Nexus TravelShop, phone Traveline or visit our website.	▼ Terminates at Regent Centre
to South Gosforth about 11 minutes		♦ Terminates at Monkseaton
to Airport about 27 minutes		▶ Terminates at Benton
to Whitley Bay about 30 minutes		+ Terminates at South Gosforth
		* Terminates at Manors
Please check front of trains for destinations		